



# Covenant Children's<sup>SM</sup>

4000 24<sup>th</sup> St. Lubbock TX 79410 Phone: (806) 725-0000

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## **General Information:**

Sick and injured kids require special care. As the first and only licensed freestanding children's hospital in Lubbock and the broader region, we provide medical and surgical care for children – and only children. When a child is a patient here, he or she will be treated by specialists who have dedicated their careers to learning about the diseases of children and caring for children. We are proud to be the regional hub for pediatric care, as evidenced by Covenant Children's providing significantly more inpatient and outpatient specialty medical and surgical care to children than any other facility in West Texas in 2021.

## **Level II Pediatric Trauma Center & Dedicated Pediatric Emergency Department:**

Covenant Children's was the *first* and remains the *longest running - Level II - Pediatric Trauma Center* in West Texas. With *more than 10 years experience* operating a dedicated pediatric emergency center, our department is staffed by board-certified *pediatric emergency medicine physicians* and registered nurses specially trained in pediatric emergency care and dedicated solely to care of children.

## **Abuse and suspected abuse resources**

### **Child Abuse Pediatricians & Sexual Assault Nurse Examiners (SANE) Nurses**

Our Child Abuse Team is multidisciplinary but includes both SANE nurses and child abuse pediatricians. Through our Sexual Assault Nurse Examiners (SANE) team, medical forensic exams are performed by registered nurse examiners 24 hours a day, seven days a week. A sexual assault exam can be done up to seven days after the assault occurred. Before the exam is performed, a nurse examiner will explain the process in detail.

We also provide a Board-Certified Child Abuse Pediatrician. Our child abuse pediatrician works within a multidisciplinary team including other healthcare providers, hospital staff, child protective services staff, and law enforcement personnel to gather information and make sure that all agencies involved understand the medical concerns related to a child. Child abuse pediatricians often testify in court to help a judge and jury understand a child's medical condition and be their advocate. They also have significant training and expertise on the effects of trauma and on the benefits of trauma informed care.

## **Maternal Mental Health Resources**

Covenant Children's has two full-time mental health providers dedicated to supporting women and families coping with challenges associated with post-partum depression, perinatal loss, anxiety, grief, and trauma. One provider delivers outpatient therapy services based upon physician referral. The second mental health provider works as an integral member of our Neonatal Intensive Care Unit (NICU) care team, supporting families adapting to having an infant hospitalized on the NICU. In addition, our mental health providers respond to referrals on the antepartum, postpartum, and labor & delivery units.

## **Pediatric Behavioral Health Resources (coming May 2023)**

Covenant Children's will soon open a first for the Region with its outpatient "Relational Health Unit" which will host the Texas Tech University Health Sciences Center's Department of Pediatric Psychiatry. This partnership will provide comprehensive outpatient behavioral health services including outpatient, intensive outpatient, and partial hospitalization programs. As well as making Covenant Children's the home for the statewide Texas Child Mental Health Consortium's programs that provide access to telehealth services for schools (counselors and teachers) and telehealth services and education opportunities primary care providers. As well as serving as the teaching institution for pediatric mental health for medical students and residents.